

# Create ~ make a playlist and dance

**To start**, open out this sheet to its full size so that you can see the painting and these notes. Choose songs or pieces of music that come to mind as you look and imagine.

Your musical choices for **Children Paddling at Walberswick**:

Track 1 .....

Track 2 .....

Track 3 .....

**Listen and soften**, find a way to be quiet and bring awareness to your body, the emphasis here being on simply noticing. Let your music begin and maybe close or lower your eyes; imagine the music around you, softly coming into your bones.

**Warm up**, take a few moments to wake up movement in your body. Maybe start by twinkling your fingers as if they were playing the piano, lifting one or both elbows and if possible, reach one or both arms wide. Keep waking up as much of your body as feels right.

**Creating dance**, imagine yourself in the artwork moving through the landscape, this might be the beginning of a small dance. Can you capture what you see and feel in movement? Let the rhythms and feelings of music help your dance to flow.

**To finish**, close or lower your eyes and hold something of the painting in your mind. Allow your body to rest quietly, that is a great dance too!

**How did the painting change as you listened to the music?**

Track 1 .....

Track 2 .....

Track 3 .....

**Let's move, with dance artist Filipa Pereira-Stubbs** - movement can be small, big or dramatic; there is no wrong way to dance.



paddle your feet to the ripples of the waves



draw swirling patterns in the sand with your fingers



sway in the warm wind as you sail away



twinkle hello to the sparking sea

If you would like to spend more time with Filipa and this painting, go to... Children Paddling at Walberswick ~ on YouTube Cambridge University Museums / Playlists / Artworks in Focus/ Relax, Look, Imagine, or scan the QR code.



**What did it feel like to dance?**

# Look, Imagine & Create Activity Pages

The  
Fitzwilliam  
Museum  
CAMBRIDGE

## Children Paddling at Walberswick 1894

Philip Wilson Steer (1839- 1899)

British artist Philip Steer is celebrated for his paintings of light and atmosphere. Like his French peers, the Impressionists, he worked quickly, on location to do this; for seven years, he returned to Walberswick, near Southwold, Suffolk, drawn by its soft light and coastal scenes.



Oil on canvas, 64.2 x 92.4 cm - Given by Lady Daniel, in memory of her husband, Sir Augustus Moore Daniel (1866-1950), 1951 PD18-1951

**Take a closer look**, allow yourself five minutes or more to look at this painting, take in the colours, textures and shapes, the brushstrokes, mood and atmosphere of this painting.

**Note what you see.** Perhaps it's the 'sea sparkles and reflections on the water' or the rough quick brush strokes for the sand and smooth, glossy ones for the sea ... a time gone by, peaceful, gentle, happy and simple'

- observations made by other picture gazers

**Imagine** you are on a beach, perhaps having an ice cream or reading a book, listening to the sounds of the seagulls, waves or people chatting. Can you feel the warm sun on your back and perhaps a breeze on your face?

# Create ~ colour, draw, describe

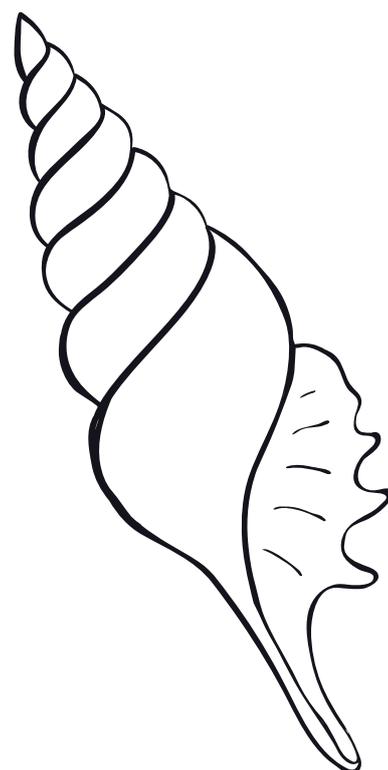
When you look at this painting of the girls paddling in the sea, what do you feel? Would you like to take your shoes off and join them?

**How about creating 'waves of words'** using words to describe the painting and your feelings of being at the seaside; the places you enjoy and memories of day trips and holidays.

**Or** imagine what you would like to find on this shoreline - a shell, a pebble, or a piece of drift-wood? Which one would you put in your pocket? Imagine what it feels like as you turn it over in your fingers.



**Draw your favourite shoreline finds** or add colour and texture to those that have been washed ashore!



# Create ~ carve a pebble or shell

At home, or when you have more time, how about carving a pebble or shell out of a bar of soap?

## Step 1

**You will need soap** the brand Simple Soap is very soft and can be carved without sharp tools - even a spoon will work.



## Step 2

**Start** by creating your shape - peel the bar of soap as you would a potato. You can do this with a teaspoon or blunt knife or tool.



## Step 3

**Add** details such as surface textures and patterns, holes, lumps and bumps! These textures make your shape come to life as a shell, rock or whatever else you imagine.

